

# Mentoring Agreement Form

The **purpose** of this form is for a mentee and mentor to discuss how their mentoring relationship will work: their goals, each person's role, and the ways in which they will interact. It is helpful when starting off to have clarity around the purpose, goals, and logistics of the relationship.

As a **Mentor**, my role is:

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As a **Mentee**, my role is:

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Our goals in our mentoring relationship are

1. 

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2. 

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3. 

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### Expectations

**Length:** Our mentoring relationship will last for 

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*E.g., 6 months or 1 year*

**Frequency:** We will meet 

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*E.g., weekly or twice a month*

**Meetings:** We will meet...  
*check all the options you are likely to use*

- In person
- Over video using 

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*Enter a video service like Hangouts or Zoom*
- Over the phone
- Other 

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We commit to the following guidelines for our communication and interaction

Examples:

- Responding to communication within 24 hours
- Confidentiality
- Boundaries
- Offering and receiving feedback
- Assuming best intentions

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

Mentee Signature \_\_\_\_\_

Mentor Signature \_\_\_\_\_